



Anglican Parish of  
Cabersham Saint Peter,  
Dunedin, New Zealand

# THE ROCK

June 2024—Patronal Festival



## The point of Anglo-Catholicism

By The Vicar

**S**aint Peter's will be co-hosting the 5<sup>th</sup> New Zealand Anglo-Catholic Hui in Dunedin in August. During our discussions on what to present in the programme, we felt it was pertinent to identify what specifically defines Anglo-Catholic worship. Father Carl Somers-Edgar and I have



One of Saint Peter's postcards.

had a number of these conversations and we formulated a statement to place on our postcards. It is important for people to understand that worship is not merely a rigid habit but a deeply considered way in which to have a relationship with the Blessed Trinity and share in the mysteries of heavenly worship.

The Anglo-Catholic form of worship incorporates ancient practices which reflect the rich history of Judeo-Christian worship, through prayer, liturgy, music, teaching, beauty, form and order. It also invites active participation in both corporate and individual worship through responses, silence, singing and the Eucharist.

The Anglo-Catholic form of worship accepts there are mysteries which an individual may never fathom. While intellectualising may assist in answering some of life's questions, the heart of a Christian reflects a blessed faith

which should be child-like in its acceptance and bravery in the unanswered questions.

My experiences of Anglo-Catholic worship have provided a richer appreciation of the company of heaven and the deep connection of all souls which transcends space and time. I enter Saint Peter's knowing that God is ever present and my whole-hearted participation in life has an effect on the Kingdom of God.

I hope people from many different walks of life and worship come to this celebration and share in the richness of diversity. 📧

### 5<sup>th</sup> Anglo-Catholic Hui

DUNEDIN, AUGUST 15-17, 2024

programme will include presentations on:

- ♦ work with children and youth
- ♦ religious orders
- ♦ Liturgy
- ♦ 2023 church life survey

6pm Thursday August 15<sup>th</sup>

Opening mass in St Pauls' Cathedral

Friday 16<sup>th</sup> sessions at All Saints'

Saturday August 17<sup>th</sup> at Saint Peter's, closing mass at 12.30 pm

Any Anglican (young or old, lay or ordained) interested in the ministry and mission of the church from an Anglo-Catholic perspective is welcome.

Enquiries: Fr. Michael [vicar@allsaintsdsn.org.nz](mailto:vicar@allsaintsdsn.org.nz).

[www.stpeterscaversham.org.nz](http://www.stpeterscaversham.org.nz)

## Obituary

# Jimmy Sprague

By The Reverend Joel Stutter

I met Jimmy early last year when I started my curacy at Saint Peter's in Caversham. Finding the steps up to our lectern too difficult, Jimmy would read the morning's readings from where he sat, clutching onto our radio microphone. The same seat every Sunday. Receiving Communion was the same. Rather than walking up to the altar rail, Natalie and I would take communion down the aisle to Jimmy.

He was quite unique in how he received communion. After receiving the chalice and taking a sip of wine, most communicants would cross themselves and say "Amen." Jimmy was different. I would serve Jimmy and he would look me in the eye and say "thank you."

Even though Jimmy was one of the most polite and humble men I have ever met, I quickly came to realise that, in a way, it wasn't me he was thanking. I was just the server, the person carrying God, through communion, to Jimmy. Jimmy was thanking God.

Such was, or in a way we are yet to understand, still is, Jimmy's relationship with God. Despite, or maybe due to, everything which happened to Jimmy over the past 93 years he had such an amazing relationship with his Lord.

I wasn't at all surprised when I found out the reading Jimmy had chosen for today was Ecclesiastes. I can't but hear the Byrds song from 1965 every time this piece of scripture is read. I played it yesterday and I heard a song of joy.

For everything there is a season, and a time for every matter under heaven.

In all the good times and the hard times, the joyously happy and the heart-rendingly sad events, God is there, at the heart of it all. Never leaving us, enduring. Dancing with us when we dance.

And Jimmy danced. There is video which Celeste told me of, at a recent family wedding, where Jimmy was dancing. And God would have been dancing there with him.

There were times when Jimmy mourned. Too many times for one lifetime. And God would have cried, not just cried, but wept with Jimmy.

One way Jimmy demonstrated his relationship with God was through prayer. Boy could that man pray. Just a few days before he passed away, we prayed together. Jimmy's voice was quiet and weak, but he reached out to the God who had been through all the times, all the seasons and said thank you.

There is one line in the reading from Ecclesiastes which stands out from Jimmy's final days.

a time to throw away stones, and a time to gather stones together;

Jimmy could see the stones gathering back together. During his life he cast the stones out, his children, grandchildren and great-grandchildren. It is a natural season of life. Some never return. But he saw many returning, gathering around him in his last days. Those who couldn't make it, spoke to him by 'phone. And he felt the love, of God and of his amazing family.

This is what he was thanking God for. Jimmy's times, his seasons, didn't end when he passed on. His time on earth is over, but his time with his Lord is forever.

Miss you Jimmy, rest in peace.☹️



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You can make a donation to Saint Peter's bank account 06-0911-0008804-00 with the ANZ Bank. Donations of over \$5 per year qualify for a tax receipt. Be sure to identify yourself consistently so multiple donations can be accumulated correctly.☹️



By Alex Chisholm, Vicar's Warden

CHURCH WARDEN  
CORNER

Two factors we cannot control directly are armed conflict and disastrous weather events. Viewing the international news or reading it online we are confronted, at present, with the effects of conflict on the world food supply. Ukraine's inability to export much of its grain to countries in Africa which normally rely on it and where it is desperately needed and the dreadful situation with the appalling lack of food in Gaza are two major examples. The World Food Programme (WFP) has reported that famine is imminent, with 1.1 million Gazans now experiencing catastrophic hunger, a number which has doubled in just three months.

Matthew Hollingworth, World Food Programme (WFP) Country Director ad interim for Palestine, has seen snapshots of desperation daily during his visit to the conflict-torn strip. However, he says a ceasefire is an absolute requirement to allow enough food aid to get in across the checkpoints and to be distributed. In conflict situations, "we bring relief to exhausted populations and use food assistance to build pathways to peace and stability"—work for which WFP was awarded the Nobel Peace Prize in 2020.

Closer to home severe weather events are more likely to be a problem when it comes to disruptions of food supplies and we have seen such situations recently. Our pacific neighbours are also likely to experience weather situations, so it was a delight to read Christian World Service's *Summer Story 2024*. I was especially taken with the story of Oneida who, after the family was no longer able to rely on fishing as a source of food and simply planting a few more bananas was not enough, received help from Developers, a partner of CWS, after Typhoon Haiyan destroyed or damaged housing and crops.



Oneida is proud of the food she can grow in her garden and the improvements she has made to manage the heavier rainfall. She has food for her family and plenty to share now that there is not enough fish in the sea to sustain her community.

IMAGE: [HTTPS://CWS.ORG.NZ/](https://cws.org.nz/)

Oneida planted root crops on the side of a hill and in pots and raised beds on the flatter ground to protect them from the heavy rains. A bamboo drain carries water around her house and away from her garden. With a small loan from Developers' Livelihood Revolving Fund, she employed

students to dig a well where she can store water for the dry season. Oneida explains that "Having my own garden has allowed me and my family to have a constant supply of healthy food. I can also share or sell my excess produce. I do not have to rely on my children in Manila and I can send my younger children to school." You can read further Stories of Hope in the link below and I commend the work of CWS to you.

**The Frolicsome Friar**

"I don't think they had you in mind when they invented the mobile device."

SOURCE: [WWW.HOWTOGEEK.COM..](http://WWW.HOWTOGEEK.COM..)

Letters

The Rock welcomes letters to the Editor. Letters are subject to selection and, if selected, to editing for length and house style. Letters may be :

Posted to : The Editor of The Rock,  
c/- The Vicarage, 57 Baker Street,  
Caversham,  
Dunedin, N.Z. 9012

Emailed to: [TheRockEditor@stpeterscaversham.org.nz](mailto:TheRockEditor@stpeterscaversham.org.nz)

Ask The Vicar

For answers to questions doctrinal, spiritual and liturgical.

Write to: Ask The Vicar, c/- The Vicarage as above

Or email: [AskTheVicar@stpeterscaversham.org.nz](mailto:AskTheVicar@stpeterscaversham.org.nz)

ASK THE VESTRY

Questions about the secular life and fabric of the parish may be:

Posted to : Ask The Vestry, c/- The Vicarage as above

Emailed to: [AskTheVestry@stpeterscaversham.org.nz](mailto:AskTheVestry@stpeterscaversham.org.nz)



More online :

Read further Stories of Hope at:

<https://cws.org.nz/wp-content/uploads/2024/02/CWS-Summer-story-web-1.pdf>





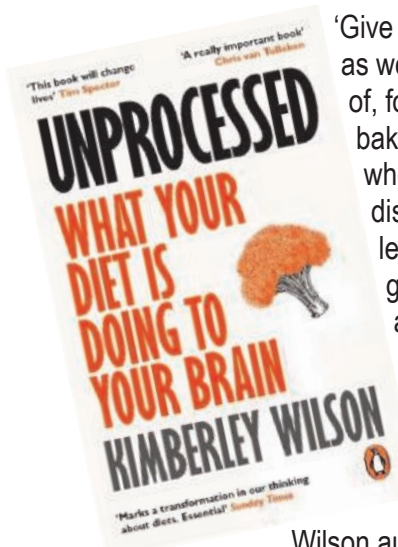
# Nutritious



A fascinating article and some interesting recommendations—part two

By Alex Chisholm

Carrying on from last month's part 1 article with more fascinating facts, but first—what lies behind the title *Give peas a chance and feed yourself the four Ks*?



'Give peas a chance' refers to beans as well as peas. To a warming bowl of, for example, split pea soup, baked beans on (sourdough or whole grain) toast or casserole dishes with added beans and legumes. These are especially good for your gut health. "Fibre and beans are so important for the integrity of your gut lining and blood brain barrier that there should really be a national campaign to bring back beans," says Kimberley

Wilson author of *Unprocessed What Your Diet Is Doing to Your Brain*. These used to be traditional foods and, although looked down on at times, are starting to reappear as interesting ingredients in recipes from other countries. 'We need to get back to traditional ways of cooking and eating'.

The 4 Ks are kefir, kimchi, krauts and kombucha. They are at home in Tim Spector's kitchen fridge which contains a 'lively variety' of foods; kefir grains, sourdough mother, homemade kimchi and kombucha. He believes variety is vitally important in warding off infections, fighting against age-related diseases and keeping a healthy weight. Variety in the foods we eat helps us to have a healthy microbiome. This relates to the micro-organisms living in our gut—these play a vital role in digesting food, regulating our immune systems and producing chemicals which even have an effect on our brain. Spector says "I think that changes the way we think about food. It's not just fuel. It really is changing the way our body works."

Too much convenience food has left us stuck in what Henry Dimbleby, author of *Ravenous* and co-founder of Leon restaurants, calls a "junk food cycle". "We have an

appetite that is an evolutionary mismatch, so our system rewards us for going out and finding foods that are highly calorie-dense to give us massive dopamine hits," he says. "Those foods are low in soluble fibre, so we eat more of them and feel less full when we do. When you cook from scratch, you eat lots more fibre and 30% more vegetables, which is beneficial for your gut and immune system. In the scheme of things, eating food cooked from scratch is more important than eating organic food." "Cooking from scratch with lots of green veg and roughage is a good thing." "Buy more fruit and veg, batch cook and freeze portions," says Van Tulleken, who also recommends teaching children traditional home-cooking.

Dopamine is known as the feel-good neurotransmitter—a chemical which ferries information between neurons. The brain releases it when we eat food we crave, contributing to feelings of pleasure and satisfaction as part of the reward system. This important neurochemical boosts mood, motivation and attention and helps regulate movement, learning and emotional responses.



The LEON restaurant at Leeds station.

PHOTO.: LEON.CO.

## REFERENCES:

*UNPROCESSED: WHAT YOUR DIET IS DOING TO YOUR BRAIN* / KIMBERLEY WILSON. EBURY PUBLISHING, 2024.  
*RAVENOUS* / HENRY DIMBLEBY AND JEMIMA LEWIS. PROFILE BOOKS LTD., 2023.



Being way too big to fit in our baptismal font, Job Dwyer chose a full immersion baptism in the sea at St Clair. The Lord turned on magnificent weather for Job, Celebrant the Reverend Joel Stutter and nine others from our 10:30 congregation. Job felt called to be baptised and make his promises to God in front of his Saint Peter's friends. It was Saint Peter's first baptism in a few years and the way the Spirit is working in our church, it is likely to be one of many to come. In case anyone is wondering: Yes, Rev Joel wore a wetsuit under his alb!

TEXT: REVEREND JOEL STUTTER; PHOTO'S: DEB STUTTER-FILL AND ALEX CHISHOLM .

Mr David Mehrrens, manager of the Dunedin branch of Wet & Forget and whose family has a long association with Saint Peter's, has begun complimentary treatment of the church and hall for moss, mould and grime. After the initial treatment with Wet&Forget Rapid, results (pictured above) are already evident.



PHOTO.: INFORMATION SERVICES OTAGO LTD.



The site of the planned new residence has been cleared in readiness for construction.

PHOTO.: INFORMATION SERVICE OTAGO LTD.

## Cottage progresses

By The Vicar

The Cottage is progressing well and has been completely rewired and relined. While stripping back the old pine board lining, we discovered newspapers from as far back as the Zulu Wars. Sadly, they had been pasted over many times throughout the decades and could not be salvaged. Some of the history of the Cottage will be made available after a little more research. The present building appears to have grown from three separate buildings or extensions. While the wallpaper may have reduced some of the draughts, the fireplace would have had to have continually been in use to keep the residence warm. We will be insulating for warmth and sound proofing.

None of the exterior walls is plumb, which has created a few challenges, however, our builder has done an amazing job working to get things straight and level. There is now a new fitted kitchen and a floor to ceiling wardrobe. The plasterer will have finished his work very soon and painting the interior will happen before the end of the month. I have stripped the original doors and architraves to keep as much character as possible. Interestingly, every window is different. The exterior will be painted through a grant from the Heritage Trust of Dunedin.

The bushes at the front of the Cottage are going to be removed to allow more natural light into the rooms and enable people to appreciate the attractive features of a heritage listed building. It has been a long time since it has been clearly visible from Eastbourne Street.

The Cottage will be fenced to provide safety.📧

## Kitchen progresses

By The Reverend Joel Stutter

Installation of the new kitchen in the church hall has begun. The first stage is the replacement of the cabinets and plumbing under the sinks. By this Friday, the first of the new cabinets will be installed along with the new tapware.

A big thanks to Reuben and Renee for their destruction skills in taking out the old cabinets (proof pictured at right) and also to Denis, Dan and John for assembling the new ones (pictured in progress below).

The entire project, including new appliances, has been funded by a grant from Community Matters (part of the Department of Internal Affairs).📧





# Do we fear God for nothing ?

By Father James Harding



**T**his week, the students taking the paper on God, Suffering and Justice in the Hebrew Bible (Old Testament) have their final class. Over the past few weeks, we have looked in detail at some difficult parts of the Old Testament, especially the parts which take real human suffering seriously. Why should anyone believe in God when innocent people suffer so terribly?

In biblical times, people seem to have assumed, on the whole, that if you were righteous, you would be blessed with happiness and prosperity, but if you were wicked, you would be cursed with poverty and distress. That, at least, is how the world was supposed to work. Yet it was perfectly obvious then, and is perfectly obvious now, that the real world simply does not work like that.

For some biblical authors, like the author of Psalm 73, this seems to have caused a real crisis of faith. If you read this sublime poem closely, you will see that the psalmist was seriously disturbed by the fact wicked people not only seemed to prosper, but saw no reason to consider God and therefore no reason to care whether their actions caused harm to anyone else. He was tempted to give up on faith in God altogether.

The same crisis seems to have afflicted Job. For him, it was a scandal that the wicked were allowed to get away with their appalling behaviour. How could a just God allow the wicked to thrive, to the point where, in their complacency, they could turn their backs on God completely? (Job 21:7-26)

In Psalm 73, the psalmist finds comfort when he approaches the sanctuary, where he realises two things. The first is that the wicked will get their just deserts in the

end (Psalm 73:18-20). The second is that God alone is his refuge and reward (Psalm 73:23-28).

I am not sure that Psalm 73 can have the final word. It seems to assume we need to be able to trust in some kind of retribution for the wicked in order for belief in God to be worthwhile, even if the psalmist does claim that God alone is his refuge, and that is enough.

The one biblical character who draws attention to the problem here is the Adversary in the book of Job, who, when God asks him whether he has given any attention to his righteous servant Job, asks God whether Job fears God for no reason, without any desire for reward or protection from God.

The Adversary is not the “Satan” of Christian tradition, but a sort of “devil’s advocate,” who calls God to account for presiding over a moral order which seems to reward the kind of piety that expects something tangible from God.

Yet this form of piety is ultimately without integrity, not least because it binds God to act towards us in the way we want and expect and therefore assumes we are the centre of God’s attention.

When God appears to Job, he is confronted with a cosmos which is beyond his capacity to comprehend or control, and a God who does not seem to see Job as the centre of His concerns. Somehow, it is when this God appears in such a terrifying way to Job that he finds the comfort he was looking for in his distress. At last, he is able to live his life without being trapped by fear of God’s anger or imprisoned by a desire for God’s blessings. And he can, at last, see those who love him as persons in their own right. 📖

## Keep pedalling or you will fall off!

(Continued from page 8)

elsewhere. It was incorporated into traditional musical forms where it remains today as strong as ever.

Although its golden days have passed, it is intriguing that the harmonium has found champions in the rock music genre such as the Beatles, Pink Floyd and Queen. I am happy to demonstrate the instrument any time. The range of



The Indian version of the hand-pumped harmonium.

PHOTO.: SUPPLIED.

sound this model can make is more varied than one might imagine. So, if the lights flicker, as they did during high winds on a recent Sunday, you may well notice the organist moving quietly to the back of church to start pumping the harmonium. As Father Carl was wont to say when introducing a new hymn tune to Saint Peter’s, ‘This is a bicycle tune—stop pedalling and you’ll fall off!’ 📖

Rock music

## Regular Services

(for variations consult *The Pebble* or our website)  
All services are held in Saint Peter's unless noted otherwise

### SUNDAY:

8am: Holy Communion according to the Book of Common Prayer  
10.30am: Solemn Sung Eucharist  
5pm: **1<sup>st</sup> Sunday of each month:** Evensong and Benediction

### FIRST AND THIRD MONDAY OF EACH MONTH:

1pm: Holy Communion at Radius Fulton Home

### FIRST TUESDAY OF EACH MONTH:

11am: Holy Communion in the lounge of Frances Hodgkins Retirement Village, Fenton Avenue

### SECOND AND FOURTH TUESDAY OF EACH MONTH:

11am: Holy Communion  
in the chapel of the Home of St Barnabas, Ings Avenue

### WEDNESDAY:

9am: Morning Prayer  
10.30am Bishop's Companionship Programme  
- Studying the Bible, prayer and life in Christ

### THURSDAY:

10am: Holy Communion according to the Book of Common Prayer

## Special Services

Contact The Vicar to arrange baptisms, weddings, house blessings, burials, confessions and other special services.

### Parish Contacts:

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Justin Welby  
The Archbishop of Canterbury

Sermon at Christ Church  
by the Sea, Colon,  
Panama 7 June 2024.

“Christians have always suffered for being Christians. Ever since the time of Jesus and Jesus himself, those in power want control. A US Senator said many years ago about a Roman Catholic judge, who was the President of the Supreme Court in the US, ‘I don’t mind him being a Roman Catholic, so long as it does not affect his way of work’. To which, we answer, but if he’s a Christian it changes his whole way of living.”



*More online :*

*Read the complete text at:*

<https://www.archbishopofcanterbury.org/we-live-and-walk-different-tune-archbishops-sermon-colon-panama>



This month Our Curate, The Reverend Joel Stutter, celebrated Evensong and Benediction for the first time . Alex Chisholm assisted.

PHOTO'S: JENNIFER MAFFEY



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FUNERAL SERVICES

# For your diary

**Sunday 30 June :** Patronal Festival.

**Tuesday, 9 July :** Vestry meeting.

**Thursday, 18 July—Friday, 2 August :** Vicar on leave.

**Friday, 19 July :** Deadline for the July edition of **The Rock**.

**Date to be advised in July :** High Tea.

**Thursday 15—Friday 16 August:** Anglo-Catholic Hui.

# Keep pedalling or you will fall off!

**W**ith the family now comfortably established in the Vicarage and building and refurbishment projects 'on the go' all around the church site, a small move has occurred which is worthy of mention. The harmonium once situated in St Peter the Less in St Clair, is now quietly placed next to the Lady Chapel.

Harmoniums, or reed organs, were once the backbone of churches both in town and particularly in country areas where the electricity supply was patchy at best. The recent outage to thousands of homes in Northland shows that 'back up' is a good idea. Harmoniums can produce



The Harmonium or 'American Organ'.

PHOTO.: SUPPLIED.

considerable volume—more than enough to let us sing at Saint Peter's if the lights dim. But what of this instrument?

Harmoniums are also known as reed organs or pump organs and operate by the player pumping pedals which draw the air by suction through sets of small reeds tuned at different pitches to make musical notes. This is different from pipe organs where the air is blown through the pipes.

During the 19<sup>th</sup> century the harmonium had a golden age with large and resourceful 'art harmoniums' capable of a wide range of sounds and effects. Many noted composers such as Cesar Franck and Sigfrid Karg-Elert



By David Hoskins, Director of Music

wrote pieces for these instruments and often incorporated the sounds of harmoniums into large scale orchestral scores such as Rossini in the *Petite Messe Solennelle*. Mahler, Dvorak, Liszt and Elgar all wrote for the Harmonium in one form or another.

However, the use of 'free reeds' which form the basis of the reed organ go back to an illustration of 551 AD and reference can be found much earlier in Chinese writing. However, it is the 19<sup>th</sup> century which saw the development of instruments such as the one now in Saint Peter's. In the late 18<sup>th</sup> and early 19<sup>th</sup> centuries, builders were exploring ways to make smaller pipe organs.

The word 'harmonium' was coined by Alexandre-Debain in

1840s Paris. It was he who established the basic model we know today. Although organs of this type were usually known by their brand names (such as 'Estey') harmonium became the umbrella term.

In the 1860s a Debain employee migrated to the USA. He suggested the suction method of powering the reeds and this was taken up by the firm of Mason and Hamlin. Many thousands of instruments were made and sent all over the world as the "American Organ". They were popular because they were not expensive and were extraordinarily reliable. The large instruments were also a good alternative to pianos in the new cinemas of the early silent era in the first decades of the 20<sup>th</sup> century. Many homes also had an harmonium in the 'front parlour' for family music making.

With the great spread of the British Empire throughout the 19<sup>th</sup> Century a form of hand-pumped harmonium became hugely popular throughout the Indian sub-continent and

(Continued on page 6)



From top: Cesar Franck, Sigfrid Karg-Elert, *Petite Messe Solennelle*.

IMAGES: WIKIPEDIA.